

Bulletin for the Catholic Parishes of Oklee, Grygla, and Goodridge

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Confessions: 15 minutes before
 Mass

SAFE ENVIRONMENT

NOTE: If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to law enforcement. Red Lake County Sheriff at 218-253-2996, Pennington County Sheriff at 218-681-6161, Marshall County Sheriff at 218-745-5411. In addition, Diocesan Victim Assistance Coordinator is available at 218-281-7895 (24-hour confidential num-

Pray for our students

Oklee	Sunday	3/22/26	8:00 a.m.	†Raymond Lessard
Goodridge	Sunday	3/22/26	10:00 a.m.	FTP
Grygla	Sunday	3/22/26	11:45 a.m.	Cody Olafson
Oklee	Monday	3/23/26	8:00 a.m.	†Sis Christianson
Goodridge	Tuesday	3/24/26	5:30 p.m.	Mic Morrissey
Oklee	Thursday	3/26/26	8:00 a.m.	Leigha Hammers
Oklee	Sunday	3/29/26	8:00 a.m.	†Shirley Cyr
Goodridge	Sunday	3/29/26	10:00 a.m.	FTP
Grygla	Sunday	3/29/26	11:45 a.m.	Johnathan Linder
Oklee	Monday	3/30/26		Chrim Mass, Crookston
Grygla	Tuesday	3/31/26	5:30 p.m.	Kathy Graeves
Oklee	Wednesday	4/01/26	6:30 p.m.	Stations of the Cross
Goodridge	Thursday	4/02/26	7:00 p.m.	For all Priests
Goodridge	Friday	4/03/26	3:00 p.m.	Good Friday
Goodridge	Saturday	4/04/26	8:30 p.m.	FTP
Oklee	Sunday	4/05/26	8:30 a.m.	†Shirley Cyr
Grygla	Sunday	4/05/26	10:30 a.m.	Rolland Verbout
Oklee	Monday	4/06/26	8:00 a.m.	All Seminarians
Grygla	Tuesday	4/07/26	5:30 p.m.	†Lawrence Nycholat Sr.
Oklee	Wednesday	4/08/26	8:00 a.m.	Brittany Blickenstaff
Oklee	Thursday	4/09/26	8:00 a.m.	†Shirley Cyr

CLERGY COLUMN

Happy Lord's Day!

For this week's Catholic Massterclass, we're not going to move forward just yet. Instead, I want to focus on something that most people don't notice during this part of the Mass. Even though it often goes unnoticed, it is a critical moment — not only for the priest, but for each member of the congregation. I hope it opens your eyes in a new way to your preparation for receiving Holy Communion.

Last week I spoke about the Lamb of God, the Fraction Rite, and the commingling of the Eucharistic Host and the Precious Blood of Christ. There is another part of that portion of the Mass that is easy to miss. While the Lamb of God is being sung, after the priest has commingled the Eucharistic species, he bows slightly and prays quietly until the Lamb of God has finished, or even a little after. What is he praying during that time? Is it worthwhile to know those prayers — and perhaps even to pray them yourself?

The Order of Mass in the Roman Missal provides two options for the priest:

(1) *Lord Jesus Christ, Son of the Living God, who, by the will of the Father and the work of the Holy Spirit, through your Death gave life to the world, free me by this, your most holy Body and Blood, from all my sins and from every evil; keep me always faithful to your commandments, and never let me be parted from you.*

or

(2) *May the receiving of your Body and Blood, Lord Jesus Christ, not bring me to judgment and condemnation, but through your loving mercy be for me protection in mind and body and a healing remedy.*

Up to this point in the Mass — and in what follows — the priest prays aloud on behalf of the people, standing in the Person of Christ. In this quiet moment, however, he prays personally. He bows before the Lord he is about to receive and recalls that he too is a man in need of mercy and protection. Scripture and Sacred Tradition remind us that religious leaders will be held to a higher standard, which makes these prayers especially important for the priest. He takes refuge in the power of the Death and Resurrection of Jesus, asking for fidelity, protection, and perseverance. Jesus says in the Gospel of John, “If you keep my commandments, you will abide in my love, just as I have kept my Father’s commandments and abide in his love” (Jn 15:10). The priest is asking for the grace to be faithful to the Lord’s commandments and, therefore, always remain with him.

There is another part to these prayers, however, that often goes unspoken. St. Paul writes to the Corinthians, “Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let a man examine himself, and so eat of the bread and drink of the cup. For any one who eats and drinks without discerning the body eats and drinks judgment upon himself” (1 Corinthians 11:27-29). Receiving the Body and Blood of Christ is not casual. In this New Covenant sacrificial meal, we declare our allegiance to Christ. If we knowingly cling to grave sin, we contradict that allegiance. That is why St. Paul urges self-examination. The priest pauses here to examine his conscience and to beg the Lord’s mercy before approaching Holy Communion.

This seriousness, however, should not frighten us — it should steady us. The Eucharist is given as a remedy and a source of life. We simply must approach it honestly and reverently.

I invite you to join me in this moment of preparation. After the Lamb of God, I will allow a brief silence. During that time, examine your heart. Ask the Lord for mercy. Ask Him to keep you faithful. If you are aware of mortal sin, please refrain from Holy Communion until you are able to receive the Sacrament of Confession.

May the Lord give you his peace!

Fr. Bryan

Listen to audio sessions: <https://frbryankujawa.podbean.com/>

FISH FRY

EVERY FRIDAY OF LENT

(EXCEPT GOOD FRIDAY)



ST. ANN CATHOLIC CHURCH, GOODRIDGE, MN

March 27

4:00 TO 7:00 p.m.

Pan-Fried Walleye, Baked Potato, Green Beans, Coleslaw, Homemade Roll, and Assorted Desserts, milk, coffee. (Gluten free fried walleye available)

One-fillet meal at \$15.00. Two-fillet meal at \$ 20.00.

(For Take Out orders, please call 218-378-4529 starting at 4:00 p.m.)

EVERYONE IS WELCOME!!

Help us to remove our judgment of the sins and failings of others. Mold our hearts after Your Sacred Heart, O Lord. A heart filled with patience, compassion, and understanding for our brothers and sisters.

Catholic Women's group will meet Tuesday, March 24th at 9 am in the church kitchen.

Aurora Resource Center (Life Care Center) Annual Banquet

St. Frances Ladies Guild, Oklee, is sponsoring a table for eight people (no charge to you)

Friday, April 17th, 2026 at the Legacy Event Center

Doors open at 5:15PM, with dinner and program to start at 6:00PM.

To be served: salad before meal with chicken, garlic mashed potatoes, & green bean. Dessert to follow.

Keynote Speaker. Silent Auction. Testimonies. Vision.

Keynote Speaker: Brittany Poppe, Pro-Life Speaker & Abortion Recovery Coach

A sign up sheet is located in the entrance of the church.

Memorials for Easter Flowers

Which Parish? Oklee Grygla Goodridge

Offered by? _____

In loving memory of? (suggested offering \$5.00 per name)

Please return with your offering via the collection basket.



_____	_____	_____
_____	_____	_____
_____	_____	_____

St Francis Xavier's

Sunday, March 22, 2026
 Sacristan: Rick
 Lector: Jan
 Counters: Gerri & Jan

Sunday, March 29, 2026
 Sacristan: Emily
 Lector: Jacob
 Counters: Rick & Paul

Sunday, April 5, 2026
 Sacristan: Rick
 Lector: Jan
 Counters: Ann & Dolores

St Ann's

Sunday, March 22, 2026
 Lector: Paula
 Counters: Maggie & Deb

Sunday, March 29, 2026
 Lector: Karyl
 Counters: Audrey & Marie

Sunday, April 5, 2026
 Lector: Carol
 Counters: Audrey & Marie

St Clement's

Sunday, March 22, 2026
 Lector: Gary

Sunday, March 29, 2026
 Lector: Robbie

Sunday, April 5, 2026
 Lector: Dawn

Sunday, April 12, 2026
 Lector: Jim C

Recently Deceased Loved

†Cliff Melby
 †Jake Martell
 †Greg Eck
 †Annette LaCoursiere
 †Larry Fossum
 †JoAnn Hamm
 †Gail (Lambert) Bowlin
 †Ambrose Bergeron
 †Richard Bourque
 †Delton Sebenaler
 †Reinold Lambert
 †Donna Bergeron
 †Bernard "Pete" Plante
 †Odette Abboud
 †Doug Cullen
 †Bud Zavoral
 †Charlie Kiesow
 †Theresa Mutnansky
 †Tony Kiesow
 †Mike Paquin
 †Daniel Cullen
 †George Pittman
 †Brian Peterson
 †Ellie Horachek
 †Shirley Cyr
 †Betty Troska

Pray For Those Who Are Sick

Michael Bachand
 Debra Olson
 Ambrose Beaudoin
 Don LaCoursiere
 Cindy Determan
 Grace Rundell
 Bailey Herried Drotts
 Doris Dessellier
 Danielle Swanson
 Tony Radniecki
 Darren Tougas
 Jude Syvertson
 Rick Dulka
 Roy Rystad
 Roger Lambert
 Carolyn Pittman
 Jack Miller

Pray For Those Who Are Sick

Adam Cwikla
 Bonnie Paquin
 Del Determan
 Bob Carriere
 Michelle Morrissey
 Debbie Perreault
 Arnie Paradis
 Jake Bastyr
 Julia Neubert
 Dick Kalar
 John Lessard
 Marilyn (Bachand) Marsh



Anyone wishing to have a MASS offered for a loved one, living or deceased, you may leave name and the customary donation of \$10.00 in the offering basket in an envelope.

TITHING

St. Francis Xavier's, Okle

March 15, 2026

Adult Envelopes	\$590.00
Loose Plate	25.00
Flowers for Altar	15.00
Endowment for Priests	60.00
Catholic Relief	<u>550.00</u>
Total	\$ 1235.00

St. Ann's, Goodridge

March 8, 2026

Adult Envelopes	\$330.00
Loose Plate	<u>30.00</u>
Total	\$360.00

March 15, 2026

Adult Envelopes	\$385.00
Loose Plate	51.00
Endowment for Priests	40.00
Catholic Relief	100.00
Donation	<u>500.00</u>
Total	\$1076.00

St. Clement's, Grygla

March 15, 2026

Adult Envelopes	\$550.00
Loose Plate	40.00
Easter Flowers	25.00
Endowment for Priests	95.00
Catholic Relief	35.00
Cemetery	<u>1255.00</u>
Total	\$2000.00

