

# Bulletin for the Catholic Parishes of Oklee, Grygla, and Goodridge

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Confessions: 15 minutes before  
 Mass

## SAFE ENVIRONMENT

NOTE: If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to law enforcement. Red Lake County Sheriff at 218-253-2996, Pennington County Sheriff at 218-681-6161, Marshall County Sheriff at 218-745-5411. In addition, Diocesan Victim Assistance Coordinator is available at 218-281-7895 (24-hour confidential num-

Oklee	Sunday	3/15/26	8:00 a.m.	†Shirley Cyr
Goodridge	Sunday	3/15/26	10:00 a.m.	FTP
Grygla	Sunday	3/15/26	11:45 a.m.	†Conrad Pietruszeski
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Oklee	Monday	3/16/26	8:00 a.m.	Ashley Hammers
Grygla	Tuesday	3/17/26	5:30 p.m.	Grace & Ralph Rundell
Oklee	Thursday	3/19/26	8:00 a.m.	IHM Secular Franciscan Fraternity
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Oklee	Sunday	3/22/26	8:00 a.m.	†Raymond Lessard
Goodridge	Sunday	3/22/26	10:00 a.m.	FTP
Grygla	Sunday	3/22/26	11:45 a.m.	Cody Olafson
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Oklee	Monday	3/23/26	8:00 a.m.	†Sis Christianson
Goodridge	Tuesday	3/24/26	5:30 p.m.	Mic Morrissey
Oklee	Thursday	3/26/26	8:00 a.m.	Leigha Hammers
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Oklee	Sunday	3/29/26	8:00 a.m.	†Shirley Cyr
Goodridge	Sunday	3/29/26	10:00 a.m.	FTP
Grygla	Sunday	3/29/26	11:45 a.m.	Johnathan Linder
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Oklee	Monday	3/30/26		No Mass
Grygla	Tuesday	3/31/26	5:30 p.m.	Kathy Graeves
Goodridge	Thursday	4/02/26	7:00 p.m.	For all Priests
Goodridge	Friday	4/03/26	3:00 p.m.	Good Friday

Pray for our students

## CLERGY COLUMN

### Happy Lord's Day!

The next part of Holy Mass combines three different actions into one movement: the Fraction Rite, the Lamb of God (Agnus Dei), and the commingling of the Body and Blood of the Lord. Each of them reveals something distinct about what is taking place on the altar, but together they show one single mystery. Let's take a closer look.

While the Lamb of God is sung or recited, the priest picks up the Eucharistic host and breaks it. From one portion he breaks a small fragment and places it into the chalice, praying quietly, "May this mingling of the Body and Blood of our Lord Jesus Christ bring eternal life to us who receive it." All of this happens fairly quickly. (Yet another reason for the Sign of Peace to be sober and offered only to those nearest you — if we are busy chatting, we may miss one of the most revealing moments of the Mass.)

In Luke 24, the risen Jesus appears to two disciples on the Road to Emmaus. At table with them He took bread, blessed it, broke it, and gave it to them — and their eyes were opened. It was in "the breaking of the bread" that they recognized Him. The Church deliberately repeats this action at every Mass. The breaking is not practical preparation; it is proclamation. A living body is not divided — a sacrificed one is. The fraction shows sacramentally what the consecration has made present: the sacrifice of Christ. From the earliest days of Christianity, the Eucharistic worship was even called "the Breaking of the Bread." We recognize Christ precisely at the moment His sacrifice is shown to us.

As the Host is broken, we sing: *Lamb of God, you take away the sins of the world, have mercy on us...grant us peace.* Throughout the Old Testament, lambs played a central role in worship. The Passover lamb protected Israel from death and had to be eaten. The sacrifices offered in the Temple brought a kind of reconciliation with God, especially on the Day of Atonement. When John the Baptist called Jesus the Lamb of God who takes away the sins of the world, he revealed that all those sacrifices pointed to Him. So while the priest performs the action of sacrifice, the congregation speaks its meaning. We are not watching a ritual; we are witnessing the sacrifice of Christ. Notice the pattern of the prayer: We ask for mercy; we ask again for mercy; finally we ask for peace. Peace is not a substitute for mercy — it is the result of mercy. Before receiving the Lamb who judges the living and the dead, we persistently beg forgiveness, and only afterward do we ask for the peace that comes from reconciliation with God.

After breaking the Host, the priest places a fragment into the chalice. In death, Christ's Body and Blood were separated. In the Resurrection, they are united forever. The commingling does not make Christ alive — He is always the living Lord in the Eucharist — but it shows sacramentally that the sacrifice made present on the altar is the sacrifice of the risen Christ. The One offered to the Father is not dead, but living. The priest prays quietly that this mingling bring eternal life to those who receive it. The Eucharist is life-giving, but it must be received properly. This prepares us for the next moment of Mass when we will acknowledge our unworthiness before Communion.

So in just a few moments the Church shows us a very large window into the mystery of Jesus: He is sacrificed (the breaking); He is identified (the Lamb of God); He lives forever (the mingling).

May the Lord give you his peace!  
Fr. Bryan

PRAYER ON *Fourth Sunday of Lent*

Loving Creator of mine,

I feel the pace quicken, the time draw near.

I am filled with joy as I move toward Easter and the promised reconciliation with you.

Teach me to follow the example of your Son, to be worthy of being called one of his people. Help me to live each day as he did, turning hatred to love and conflict to peace.

I await the new life with eagerness, faith and a deep gratitude. Amen

**FISH FRY**

EVERY FRIDAY OF LENT

(EXCEPT GOOD FRIDAY)



ST. ANN CATHOLIC CHURCH, GOODRIDGE, MN

March 20, 27

4:00 TO 7:00 p.m.

Pan-Fried Walleye, Baked Potato, Green Beans, Coleslaw, Homemade Roll, and Assorted Desserts, milk, coffee. (Gluten free fried walleye available)

One-fillet meal at \$15.00. Two-fillet meal at \$ 20.00.

(For Take Out orders, please call 218-378-4529 starting at 4:00 p.m.)

EVERYONE IS WELCOME!!

Jesus heals the man born blind. The reactions are comical as some people refuse to believe this is actually the same man himself! *He just looks like him*, they say. Instead of rejoicing over the miracle, the Pharisees turn it into a legal argument as to whether or not Jesus broke the law by healing on the Sabbath. In the middle of all this ridiculousness is the healed man, plain to see. He stays true to what is real. He is not allowing them to put him back in the shadows or dragged in to their sideshows.

Lent affords you the opportunity to focus with ever-deepening gratitude and wonder on your own transformative encounter with Christ. The more you recall and recount it, the more your certitude, freedom, and boldness grow. You are not a slave to the sideshows. You have encountered Christ. That's the big show.

*To Do: Offer your day for someone who has fallen away from the faith.*

# Lent



### St Francis Xavier's

Sunday, March 15, 2026  
 Sacristan: Mary Lynn  
 Lector: Mary Lynn  
 Counters: Margaret & Lora

Sunday, March 22, 2026  
 Sacristan: Rick  
 Lector: Jan  
 Counters: Gerri & Jan

Sunday, March 29, 2026  
 Sacristan: Emily  
 Lector: Jacob  
 Counters: Rick & Paul

### St Ann's

Sunday, March 15, 2026  
 Lector: Amanda  
 Counters: Audrey & Marie

Sunday, March 22, 2026  
 Lector: Paula  
 Counters: Maggie & Deb

Sunday, March 29, 2026  
 Lector: Karyl  
 Counters: Audrey & Marie

### St Clement's

Sunday, March 15, 2026  
 Lector: Laurie

Sunday, March 22, 2026  
 Lector: Gary

Sunday, March 29, 2026  
 Lector: Robbie

Sunday, April 5, 2026  
 Lector: Dawn

#### Recently Deceased Loved

- †Cliff Melby
- †Jake Martell
- †Greg Eck
- †Annette LaCoursiere
- †Larry Fossum
- †JoAnn Hamm
- †Gail (Lambert) Bowlin
- †Ambrose Bergeron
- †Richard Bourque
- †Delton Sebenaler
- †Reinold Lambert
- †Donna Bergeron
- †Bernard "Pete" Plante
- †Odette Abboud
- †Doug Cullen
- †Bud Zavoral
- †Charlie Kiesow
- †Theresa Mutnansky
- †Tony Kiesow
- †Mike Paquin
- †Daniel Cullen
- †George Pittman
- †Brian Peterson
- †Ellie Horachek
- †Shirley Cyr
- †Betty Troska

#### Pray For Those Who Are Sick

- Michael Bachand
- Debra Olson
- Ambrose Beaudoin
- Don LaCoursiere
- Cindy Determan
- Grace Rundell
- Bailey Herried Drotts
- Doris Dessellier
- Danielle Swanson
- Tony Radniecki
- Darren Tougas
- Jude Syvertson
- Rick Dulka
- Roy Rystad
- Roger Lambert
- Carolyn Pittman
- Jack Miller

#### Pray For Those Who Are Sick

- Adam Cwikla
- Bonnie Paquin
- Del Determan
- Bob Carriere
- Michelle Morrissey
- Debbie Perreault
- Arnie Paradis
- Jake Bastyr
- Julia Neubert
- Dick Kalar
- John Lessard
- Marilyn (Bachand) Marsh



## TITHING

### St. Francis Xavier's, Okle

March 8, 2026

Adult Envelopes	\$1420.00
Loose Plate	20.00
Flowers for Altar	15.00
Endowment for Priests	10.00
Catholic Relief	10.00
Memorials for Shirley Cyr	<u>50.00</u>
Total	\$ 1525.00

### St. Ann's, Goodridge

March 8, 2026

Adult Envelopes	\$ .00
Loose Plate	<u>.00</u>
Total	.00

### St. Clement's, Grygla

March 8, 2026

Adult Envelopes	\$780.00
Easter Flowers	<u>120.00</u>
Total	\$900.00

Anyone wishing to have a MASS offered for a loved one, living or deceased, you may leave name and the customary donation of \$10.00 in the offering basket in an envelope.

Heavenly Father, in all my interactions with others,  
 help me to keep in mind your justice and mercy  
 toward me. Amen

*To Do: Listen to someone you would otherwise  
 pass by.*

